



AUGUST 2009

RUTHERFORD COUNTY SCHOOLS ELEMENTARY SCHOOL MENU

MON	TUE	WED	THU	FRI
		1 2 Sausage Biscuit Oven Roasted Pork Chicken Nuggets/Tenders Mashed Potatoes Green Peas and Carrots Baked Apples Fresh Fruit Whole Wheat Roll	1 3 Chicken Biscuit Boneless Pork Chop Beef Nuggets Scalloped Potatoes Steamed Broccoli Spears Sliced Peaches Fresh Fruit Texas Toast	1 4 Gravy Biscuit Spaghetti with Meat Sauce Manager's Choice Garden Salad Corn on the Cob Pineapple Chunks Fresh Fruit French Bread
1 7 Breakfast Pizza Grilled Chicken Sandwich Breaded Pork Sandwich Steamed Broccoli Spears Macaroni and Cheese Whole Kernel Corn Mixed Fruit Fresh Fruit	1 8 Egg & Cheese English Muffin Tacos w/ Cheese Sauce Chicken Fajita w/ Cheese Sauce Refried Beans Spanish Rice Steamed Mixed Vegetables Applesauce Fresh Fruit	1 9 French Toast Hamburger Steak w/ Gravy Oven Baked Chicken Patty Mashed Potatoes Green Beans Pear Halves Fresh Fruit Whole Wheat Roll or Bun	2 0 Chicken Biscuit Cheese & Pepperoni Pizza Pork BBQ Sandwich Pinto Beans Tator Tots Cole Slaw Sliced Peaches Fresh Fruit	2 1 Sausage Biscuit Chicken Nuggets Manager's Choice Scalloped Potatoes Steamed Vegetables Fruit Cocktail Fresh Fruit Whole Wheat Roll
2 4 Gravy Biscuit Sweet & Sour Popcorn Chicken Hamburger Oriental Vegetables Rice Potato Smiles Pineapple Tidbits Fresh Fruit	2 5 Cinnamon French Toast Nacho Salad w/ Cheese Sauce Charbroiled Rib Pork Sandwich Refried Beans Baby Carrots w/ Ranch Sliced Peaches Fresh Fruit	2 6 Steak Biscuit & Gravy Lasagna Chicken Parmesan Fresh Garden Salad Whole Kernel Corn Applesauce Fresh Fruit Whole Wheat Roll	2 7 Cereal & Cheese Toast Sliced Turkey w/ Gravy Hot Dog or Chili Cheese Dog Mashed Potatoes Green Peas Pear Halves Fresh Fruit Whole Wheat Roll	2 8 Pancake on a Stick Cheese Pizza Manager's Choice Italian Style Green Beans Glazed Carrots Mixed Fruit Fresh Fruit
3 1 Breakfast Pizza Chicken Tenders Chuckwagon Patty Crinkle Cut Fries Steamed Broccoli Cuts Tropical Fruit Fresh Fruit Whole Wheat Roll	Offered with Breakfast: 1/2 pint Milk 4 oz Fruit, 100% Fruit Juice, or Vegetable		Milk Varieties Offered Daily: Skim 1% Chocolate Sweet Acidophilus	

Meal Prices

Breakfast

Students	\$1.25
Adults	\$1.50
Visitors	\$2.00

Lunch

Students	\$2.00
Adult	\$2.75
Visitors	\$3.00
Holiday Visitors	\$4.00
Child Visitor	\$2.75

Additional Items

Offered Daily:

Chef Salads

Deli Sandwiches

Vegetarian Options

*Menu subject to change based on product availability. This institution is an equal opportunity provider.

The World's Most Influential People Use MealpayPlus ...Moms.

